

# 2015 ANNUAL REPORT

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# OUR MISSION

Mariners Inn serves as an anchor for those struggling to navigate the treacherous waters of homelessness and substance abuse through a wide range of social service programs that achieve the best possible outcomes for adults, families and youth affected by addiction.

## ACCREDITATION

Our treatment program is certified by the Commission for the Accreditation of Rehabilitation Facilities (CARF) at the most prestigious three-year level.

We are also licensed to provide residential, outpatient, and integrated treatment by the Michigan Department of Community Health.

## PROGRAMS

- Residential Treatment
- Recovery Housing
- Strengthening Families
- Residential Youth Prevention
- Alumni and Outreach
- Alcohol & Highway Safety
- Outpatient Treatment
- Peer Mentoring
- Supporting Health & Empowerment (SHE)



# NOTE FROM CEO

Dear Friends,

It is truly a pleasure to present our 2015 accomplishments - they illuminate continuity, demonstrate stability, and illustrate forward motion, all in support of recovery. For the past 61 years at 445 Ledyard, we have provided recovery services to people whose lives have been impacted by the disease of addiction. We have been blessed to help save and change lives of the people we serve. We do that by addressing their needs in an effort to help combat the disease of addiction.

We are pleased to report that in 2016 we will embark on a journey that will allow us to help save more lives: Recovery Housing! Recovery housing and peer support services align with our mission to prepare the people we serve with skills to prevent relapse and promote long-term recovery. A venture of this nature would not have been possible without the expertise, dedication, and commitment to quality of our team; the tremendous support of the community; and the wise leadership of our Board of Trustees. Most importantly, the people we serve remind us on a daily basis that Recovery is Real ... and Begins at Mariners Inn!

I implore you to visit our website to find out how you can join in this mission. Thank you for believing in recovery, and thank you for helping return men to the community clean and sober - saving families ...One Father at a Time!

Sincerely,



David Sampson, LMSW, Chief Executive Officer



AAUW Grosse Pointe  
ALG Matching Grants Program  
Allegra Print Signs & Marketing  
Allied Eagle Supply Company  
Bell & Associates  
Biltmore Gardens Block Club  
Blaze Pizza  
Blossoms  
Blumz  
Boisvenu & Company  
Byron's Flowers  
Carls Foundation  
Cass & Henry Market  
Center For Youth and Families  
Charity Gift Certificates  
ChefSource  
Chesapeake Community Advisors  
Christ Church Grosse Pointe  
Church of the Redeemer  
City Connect - GDYT  
City of Detroit  
Clannad Foundation  
Combined Federal Campaign  
Comerica Bank  
CFSEM  
Cunningham Glass  
Cutter's Bar and Grill  
DeRoy Testamentary Foundation  
Detroit Drifters  
Detroit Police Officers Association  
Detroit Recovery Project  
Detroit Wayne Mental Health Authority  
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Dixon Golf  
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Federal Emergency Management Agency  
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Lafayette Laundry  
Livingston County Assn of Realtors  
Livingston County Chapter Of The  
Women's Council Of Realtors  
Metropolitan Eye Center, PC  
MGM Resorts Foundation  
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## 2015 BY THE NUMBERS

**779**

**MEN SOUGHT RECOVERY  
AT MARINERS INN**

**495**

**VOLUNTEERS JOINED  
IN THE MISSION**

**440**

**WOMEN AND CHILDREN REBUILT  
RELATIONSHIPS IN  
STRENGTHENING FAMILIES**

**93**

**CENTS OF EVERY DOLLAR  
DIRECTLY SUPPORTED  
RECOVERY**



# CELEBRATING RECOVERY



## JACOB

Jacob, 28, first came to Mariners Inn looking for help and hoping to change his life for the better in October.

"I heard that they actually try to help you here," he said. Jacob had been in and out of trouble and on his own since age 13. At the time, he sought independence and a way to survive, but it led him down a long road of poor choices and drug experimentation that he wouldn't wish on anybody, he said.

He came to Mariners Inn with the hope of getting his mind right and finishing his education in order to move forward and make a better life for himself. Jacob is finishing up his GED classes and has a 3.0 GPA.

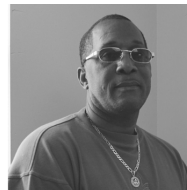
Wayne State University is his next step, and he plans to study either business management or marketing and accounting. At Mariners Inn he stays busy tutoring algebra, taking his own classes, reading books and writing his own book.

"I'm not isolated anymore. I'm not lonely anymore and now I actually have friends," he said. Jacob and his friends like to play pool, card games and video games with each other. He is a big fan of reading; since his arrival in October, he's knocked out over 147 books from Mariners Inn's library and he's not done yet. "I probably read about 400 pages in a day."

As for his own book, Jacob has eight chapters written and admits he suffers from writer's block. Two of his classes last semester were English and creative writing and he said those classes helped him come up with different short story ideas and other ways to be creative.

Jacob thinks it's valuable to decide what's most important in life - the image you're trying to portray or the life you're trying to lead.

"If you honestly want any one of your dreams to come true, do everything in your power to make it happen."



## CURTIS

Curtis is a former resident and current case manager at Mariners Inn. He first came to the facility in 2010 looking for help.

"I was tired, scared and I realized that I was going to get the same old results if I kept coming down the same old road," he said. Curtis said someone who worked in another facility directed him toward Mariners Inn, and when he got to talk with some of the staff and other residents here, they really saw his goodness.

As a current case manager, Curtis works on a lot of the residents' external needs, like setting up physicals and tests in addition to setting up referrals for dental appointments, eye check-ups and more. He also leads NA groups, where he opens up with a topic or a new step for residents and the group weighs in on their current state while getting to know one another, too. "Our mission is to bring guys back to their natural selves," he said.

One of the most valuable aspects of Mariners Inn is how the staff recognizes the need for residents to self-engage and develop a strong relationship with themselves, Curtis said. "We do believe in the guys no matter how broken they are".

A lot of young men start doing drugs as a way to cope, Curtis said, and it's important for outsiders to understand that and recognize that there's a lot of trauma behind these lives. He wants to help break the stigma. "It doesn't bother me to share my story," Curtis said. "I always knew I was better than I was."

He volunteers not only at Mariners Inn after his work day is done, but also with addicts in his community. He said community means a lot to him. Curtis married in 2013 and adopted two grandchildren. In his free time, he likes to play basketball, dance, and listen to R&B music.

Curtis said he's always been a people person and now he's using his strengths and is taking college courses with plans to go into social work.

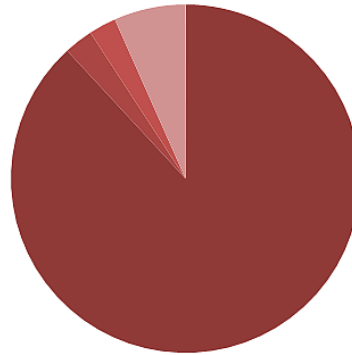
"This is my calling," he said. "People tell me that all the time."



# FINANCIAL SNAPSHOT

## REVENUE & SUPPORT

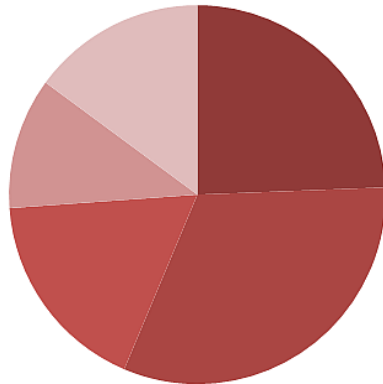
Governmental agency contracts	\$3,394,334
Room and board	\$103,650
Program income	\$97,551
Contributions	\$162,283
Special events	\$36,652
Donated goods	\$55,449
Interest income	\$2,298
Net realized and unrealized gain (loss)	(\$92,163)
Net assets released from restrictions	\$122,013
<b>Total revenue and support</b>	<b>\$3,882,067</b>



- Governmental agency contracts
- Room and board
- Program income
- Contributions, special events, and donated goods
- Interest income

## EXPENSES

<b>Program services</b>	
Shelter program	
Residential Treatment	\$801,915
Transitional Housing	\$1,051,361
Mariners Extended Residency	\$575,388
Vocational Training	\$368,007
<b>Total program services</b>	<b>\$2,796,671</b>
<b>Supporting services</b>	
Management and general	\$341,772
Fundraising	\$149,344
<b>Total supporting services</b>	<b>\$491,116</b>
<b>Total expenses</b>	<b>\$3,287,787</b>



- Residential Treatment
- Transitional Housing
- Extended Residency
- Vocational Training
- Supporting Services



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**FISCAL YEAR  
2014-2015**







**RECOVERY IS REAL**

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**313-962-9446**

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