



Mariners Inn

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www.marinersinn.org

A shelter and treatment center for the homeless located in Detroit, MI

Carlos League first came to Mariners Inn in January of 2007. He had been suffering from addiction for three or four years and had realized that his life had become unmanageable and he was no longer in control. He successfully completed the treatment program and left Mariners Inn intent upon rebuilding his life. Unfortunately, he relapsed a few months later.

Mr. League returned to Mariners Inn. "The experience I had with relapse caused a lot of pain, embarrassment, guilt, and shame. I felt it was imperative that I regroup and try treatment again because my addiction affected a lot of people in my family, mainly my two daughters", he says.

After completing the Residential Treatment Program for the second time, Mr. League felt that he was still struggling and decided to continue in the Mariners Extended Residency Program (MER). "Once I made that decision, I started to sort through my feelings and emotions and identify what was dragging me back to my addiction: myself. I decided to do something different – change my environment, my friends, my associates, and my activities. Being part of the MER program, I was able to see who and what I really was - my life had been based on an illusion. I was able to see "me" and with my therapist and coordinator, I was able to begin to work on me. My daughters, Remi (age eight) and Imani (age six), are the driving force in my life. I don't know where I'd be without them. They helped me rebuild spiritually and mentally", he says.



Carlos League with daughters Remi and Imani

Mr. League now works as a shift monitor at Mariners Inn and is preparing to move into his own apartment. "I see myself continuing to work in this field in some capacity. I'm able to relate to a lot of the clients who come through the front door because I've been there and done that. I'm able to encourage and empower them and exemplify what can happen in your life if you give yourself to the recovery process."

"I would recommend Mariners Inn to anyone with substance abuse problems, because of the atmosphere, the staff, and the information that's being provided to help you deal with your issues. I would say that I am very grateful for Mariners Inn because without them, there's no telling where I would be. I feel that the staff here have played a major factor in my redevelopment. Mariners Inn has given me the strength and the fortitude to continue to push forward and become a better man. Mariners Inn has presented me with opportunities and offered me a job. I especially want to give thanks to Mr. Sampson, Ed Gardin, Preston Johnson, Ms. Daniels, and Debra Migliazzo for allowing me to work through my problems and aid me in my re-formation."